

April 2016

Black River Middle School



Weekly Salad Specials

Crispy Chicken Salad Offered Daily

- Week 1: Asian Chicken
- Week 2: Chicken Caesar
- Week 3: Chef Salad
- Week 4: Antipasto Salad



NEW **Bulldog Signature Burger NEW**
Vegetarian Jalapeno Burger w/cheddar cheese and a tangy chipotle sauce
&
Pizza burger with marinara sauce, mozzarella cheese on a Kaiser bun..



Cheeseburger, Hamburger & Chicken Patty Offered Daily

- Monday: Grilled Cheese & Soup
- Tuesday: Herb Roasted Chicken
- Wednesday: Specialty Burgers
- Thursday: Pepperoni Bosco Sticks
- Friday: Chicken & Cheese Fajita

NEW!.....Hot Specialty Paninis DAILY!

Lunch \$3.00



Cheese Pizza and Pepperoni Pizza served daily
Homemade Specialty Pizzas
Gluten Free pizza available upon request



EVERYDAY CHOICES
Full Service Deli Bar
Fresh made sandwiches on assorted whole grain rich rolls and wraps. Plus PB&J w/Cheese Stick

Offered Daily:

Fresh Garden THRIVE Bar with Garden Salad, Assorted Fresh Fruits and Vegetables, 100% Fruit Juice
 Fat free chocolate, 1%white, and skim milk

	Questions – Comments Please call Nancy Rapisardi or email Nancy.Rapisardi@Sodexo.com		Menu Subject To Change	1 Gluten free buns, sliced bread and pizza available. Please stop by the cafeteria prior to your lunch period and we will have it ready.
4 Mozzarella Sticks w/Marinara Sauce Carrot Coins Panini Special Chicken Fajita Wrap	5 Mac & Cheese w/Roll Sweet Peas Panini Special Chicken Fajita Wrap	6 Bulldog Pizza Burger Pasta w/Pink Sauce French Fries Hummus & Carrot Sticks Panini Special Chicken Fajita Wrap	7 Chinese Take Out GenTso Chicken Brown Rice & Broccoli Panini Special Chicken Fajita Wrap	8 Monster Sub Meatballs w/Mozzarella Stick Cauliflower Panini Special Chicken Fajita Wrap
11 French Toast Sticks w/Turkey Sausage Sweet Potato Fries Panini Special Turkey Florentine w/Cranberry Mayo	12 Chicken Sticks French Fries Sweet Peas Panini Special Turkey Florentine w/Cranberry Mayo	13 Bulldog Veggie Burger Pasta Primavera French Fries Caesar Salad Panini Special Turkey Florentine w/Cranberry Mayo	14 Nachos Supreme Baked Veg Beans Tomato Salsa Panini Special Turkey Florentine w/Cranberry Mayo	15 Cheese Steak Sub Roasted Zucchini & Red Peppers Panini Special Turkey Florentine w/Cranberry Mayo
18 Chicken & Cheese Quesadilla Sweet Carrots Panini Special Buffalo Chicken Ranch	19 Popcorn Chicken Bowl w/Mashed Potatoes, Corn, Gravy & Dinner Roll Panini Special Buffalo Chicken Ranch	20 Bulldog Pizza Burger Pasta w/Chicken & Pesto French Fries & Broccoli Panini Special Buffalo Chicken Ranch	21 Boneless all white meat chicken wings w/dipping sauces, celery sticks & BBQ baked beans Panini Special Buffalo Chicken Ranch	22 Meatball Parm Sub Green Bean Salad Panini Special Buffalo Chicken Ranch
25 Breakfast Bagel w/Egg, Ham & Cheese Sweet Potato Fries Panini Special Tuna Melt	26 Potato Skins w/Bacon & Cheddar or Broccoli & Cheddar Served with Tortilla Scoops and Golden Corn Panini Special-Tuna Melt	27 Bulldog Veggie Burger Pasta w/Meatballs French Fries Caesar Salad Panini Special-Tuna Melt	28 Tacos Crispy or Soft Shell Three Bean Salad Carrots Panini Special-Tuna Melt	29 Chicken Parm Sub Celery Sticks Panini Special Tuna Melt
