

March 2016

Black River Middle School



Weekly Salad Specials

Crispy Chicken Salad Offered Daily

Week 1: Garden Salad w/Cheese
 Week 2: Chicken Caesar
 Week 3: Grilled Chicken
 Week 4: Crispy Chicken



NEW **Bulldog Signature Sandwich NEW**

*Create a Chester Bulldog Burger Contest
 The winning burger will be featured in the April menu.
 All recipes must be submitted to the cafeteria by March 16th.
 A collection box is in the serving area along with details.*

Cheeseburger, Hamburger & Chicken Patty Offered Daily



Monday: Nacho's Supreme
 Tuesday: Herb Roasted Chicken
 Wednesday: Mozzarella Sticks
 Thursday: Bosco Sticks
 Friday: Chicken & Cheese Fajita

NEW!.....Hot Specialty Paninis DAILY!

Lunch \$3.00



**Cheese Pizza and Pepperoni Pizza served daily
 Homemade Specialty Pizzas
 Gluten Free pizza available upon request**



**EVERYDAY CHOICES
 Full Service Deli Bar
 Fresh made sandwiches on assorted whole grain rich rolls and wraps. Plus PB&J w/Cheese Stick**

Offered Daily:

Fresh Garden THRIVE Bar with Garden Salad, Assorted Fresh Fruits and Vegetables, 100% Fruit Juice
 Fat free chocolate, 1%white, and skim milk

	1 Chicken Tenders Pulled Pork Sliders French Fries and Peas Panini Special Buffalo Chicken	2 Mac & Cheese w/Breadstick Steamed Broccoli Panini Special Buffalo Chicken	3 Chicken Nuggets w/French Fries Hummus Carrot Sticks Panini Special Buffalo Chicken	4 Taco Stuffed Potato Skins w/Nachos Green Beans Baked Fries Panini Special Buffalo Chicken
7 French Toast w/Sausage Sweet Potato Fries Panini Special Ham & Cheese Pita w/Pickles	8 Chicken Nuggets w/Breadstick Potato Wedges Carrot Coins Panini Special Ham & Cheese Pita w/Pickles	9 Pasta w/Meatballs & Garlic Bread Steamed Kale Panini Special Ham & Cheese Pita w/Pickles	10 Pillsbury Mozzarella Pull a Parts- Mozz Garlic w/French Fries Confetti Bean Salad Panini Special Ham & Cheese Pita w/Pickles	11 Nacho Fish Sticks w/Potato Wedges Green Beans Panini Special Ham & Cheese Pita w/Pickles
14 Pancakes w/Bacon Sweet Potato Fries Panini Special Italian	15 Chicken Sticks w/Roll Mashed Potatoes & Corn Panini Special Italian	16 Baked Ziti w/Garlic Bread Caesar Salad Panini Special Italian	17 Tyson Boneless All White Meat Chicken Wings w/Roll, French Fries Celery Sticks Panini Special Italian	18 Cheese Steak Hero French Fries Baked Beans Panini Special Italian
21 Grilled Cheese w/Chicken Soup Sweet Potato Fries Panini Special Turkey, Provolone & Roasted Peppers w/1000 Island Dressing	22 Pillsbury Mozzarella Pull a Parts – Buffalo Style Baked French Fries Carrot Coins Panini Special Turkey, Provolone & Roasted Peppers w/1000 Island Dressing	23 Domino's Pizza Red Pepper Strips & Broccoli Dippers Panini Special Turkey, Provolone & Roasted Peppers w/1000	24 Soft Taco w/Chicken and Rice Confetti Bean Salad Panini Special Turkey, Provolone & Roasted Pepper w/1000	Gluten free buns, sliced bread and pizza available. Please stop by the cafeteria prior to your lunch period and we will have it ready.
				ENJOY YOUR BREAK!
