

CHESTER & SODEXO

Winter 2015- 2016



Nutrition • Achievement • Environment • Community • Activity

Black River Middle School Make Over

The students in BRMS are now enjoying a fresh new deli bar. Sandwiches are made to order with whole grain fresh rolls delivered daily from the bakery, wraps and gluten free bread. They can also have their sandwich put in the Panini press or choose our Panini special of the week.

A new pizza buffet warmer has been added to offer fresh made pizzas with a variety of toppings.

Another new favorite among the students is the smoothie machine. V8 VFusion is a delicious combination of fruits and vegetables in 4 different flavors.



Looking ahead Dickerson Elementary students will be enjoying a bountiful assortment of local farm fresh fruits and vegetables. Sodexo's own Lift Off Nutritional Mascot will be there to greet the students and spread the news of healthy choices.

FUTURE CHEF COMPETITION

On March 23th we will be having our annual "Future Chef" competition at BRMS. We have 6 competitors bringing healthy breakfast recipes to the table! Please join us at 4:30pm that evening to sample their creations. The winning recipe will move onto regional and national level competitions. This competition is being held in 30 states.



Last year Chester's own winner Emma had her recipe chosen as one of the winners in the regional completion.

Wednesday is Deli Day at Bragg!

The Subway style deli bar at Bragg on Wednesdays is a big hit! Fresh breads, meats, cheese and 6 toppings to choose from.



Smiles all around!

Miss Yeager's class joined us in the kitchen for a little work and lots of fun. The Sodexo staff has also had a little help on the serving line. So far 4 of Miss Yeager's students have worked on the serving line and were given a work evaluation at the end. Some rules to follow were safety, hand washing, clean uniform and customer service.

